

Food Resources in Bridgeport

For additional information on resources visit
211ct.org, ctfoodshare.org or HIAct.org

Schedules as of October 2025: Distributions subject to change, please call ahead to confirm

Bridgeport Food Pantries

Bethel Memorial Deliverance Church Food Pantry

1242 State St.
Bridgeport, CT
203-612-7366
Saturdays 10:30am-noon
Clothing also available

Bishop Jean Williams

857 Howard Ave.
Bridgeport, CT
203-873-0260
Tues. 10 - 2, Wed. 12 - 4, Thurs. 1-6
Food is prepacked and given out
drive-thru style
Appointment required

Blessed Sacrament Church

275 Union Ave.
Bridgeport, CT
203-333-1202
Thursdays 7:30am -10 am
closed first Thurs. of the month

Please Bring Your ID

Bethel Shiloh Apostolic Church

1621 Iranistan Ave.
Bridgeport, CT
203-333-9388
2nd & 4th Friday of the month
8 - 9 am

Black Rock Food Pantry

On the corner of Ffld. Ave & King St.
2676 Fairfield Ave.
Bridgeport, CT
203-610-1222
1x month per family
Saturdays 9am - 11am
Only for Residents of 06605

Bridgeport Islamic Community Center

703 State St.
Bridgeport, CT
203-549-1866
Sundays 11:30- 12:30
line starts around 10- 10:30
Thanksgiving baskets will be
available in Nov.

Bridgeport Pride Center

166 Elm St.
Bridgeport, CT
203-212-3580
Mondays -Fridays 12 - 4pm
LGBTQ+ in need of non perishable
food. Clothing is also available

**Bridgeport Tabernacle Seventh-
Day Adventist**

717 Clinton Ave.
Bridgeport, CT
203-522-4460
Wednesdays 12 - 1:30 pm

**Calvary Seventh-Day Adventist
Church**

827 Trumbull Ave.
Bridgeport, CT
203-374-4533
Thursdays 3:30 - 6pm & Sundays 12 -
1pm

East End Food Bank

1290 Stratford Ave.
Bridgeport, CT
203-579-1504
Thursdays 10am - 12pm
No distribution the first Thursday of
the month

Faith Outreach Church

32 Bond St.
Bridgeport, CT
203-330-1023
2nd & 4th Saturdays of the month
12 - 2 pm

Bridgeport Rescue Mission

725 Park Ave.
Bridgeport, CT
203-333-4087
Mondays, Wednesdays, Fridays
10-12 & 1-3pm

**Bridgeport Tabernacle Seventh-
Day Adventist**

717 Clinton Ave.
Bridgeport, CT
203-522-4460
Wednesdays 12 - 1:30 pm

Christian Revival Church

441 Bishop Ave.
Bridgeport, CT
203-367-4998
Saturdays 10am - 11am

Emmanuel Apostolic

99 Vernon St.
Bridgeport, CT
203-372-3094
Saturdays 10am - 12pm

Feed My Sheep

2271 North Ave.
Bridgeport, CT
Wednesdays 10am-12pm

First Christian House of Prayer

42 Laurel Ave.
Bridgeport, CT
203-335-1018
2nd & 4th Wednesdays of the month
9:30 - 10:30 am

Iglesia Misionera El Olivar

510 Summit St
Bridgeport, CT
203-913-1417
Wednesdays 8 -10am (updated)
Bring a shopping bag

**Light on the Hill Food Pantry -
Summerfield UMC**

110 Clermont Ave.
Bridgeport, CT
203-367-8783
Friday 9:30am -12:30pm, Saturdays
9:30am-12:30pm
Appointment required, call Mon. or
Tues. 9am-12:30pm

Refuge Temple Church of God

3050 Main St.
Bridgeport, CT
203-373-0622
2nd & 4th Saturdays 8 am - 4 pm

Feed the People

301 Bostwick Ave.
Bridgeport, CT
203-258-5403
Tuesdays 5 - 6:00 pm
Bring a shopping bag

**Fridgeport Community
Refrigerator**

219 James St.
Bridgeport, CT
Open 24/7

King's Pantry

30 Florence St.
Bridgeport, CT
203-576-0522 / 203-335-9255
Mondays - Thursdays 11am -
1:30pm

Nourish Bridgeport

2200 North Ave.
Bridgeport, CT
203- 335-3107
Wednesdays 2:00-6:00pm
(last shopper admitted at 5:30)

Salvation Army - Bridgeport Corps

30 Elm St.
Bridgeport, CT
203-334-0995
Mondays & Fridays 10 - 11 am
Appointment required

St. John's Family Center

1067 Park Ave.
Bridgeport, CT
203-335-2999
2nd,3rd & 4th Saturdays
9am - 12pm
Community super Tuesdays 5-6 pm
Clothing is also available

Thomas Merton Family Center

1406 State St.
Bridgeport, CT
203- 367-9036
1x month per family /Scheduled by
last name Tues (A-G), Wed (H-P),
Thurs (Q-Z) 10am-1pm.
New families must register Mondays
betw.10am - 1pm

Veteran's Affairs

20 Thorme St.
Bridgeport, CT
203-576-8348
Tuesdays & Wednesdays
10 am - 2 pm
Veterans Only, Appointment
required

Spanish Seventh-Day Adventist Church

980 Sylvan Ave.
Bridgeport, CT
203-372-4633
Wednesdays 5 - 6 pm
Bring a shopping bag

St. Luke's/St. Paul's Episcopal

594 Kossuth St
Bridgeport, CT
203-605-0090
2nd & 3rd Sunday of the month
1-3pm

United Tabernacle

2155 East Main St.
Bridgeport, CT
203-909-2015/ 203-690-1949
Saturdays 10am - 12pm
Closed first Sat. of the month

**CT Foodshare Mobile Food Pantry
at Bridgeport Hospital**

200 Mill Hill Ave.
Bridgeport, CT
Every 2 weeks on Wednesdays
4:30 - 5:15pm (next date Nov. 12)
Rear parking lot

Filling in the Blanks

Luis Munoz Marin School
479 Helen St.
Bridgeport, CT 06608
Every 4th Saturday of the month
8:30am - 10:30 am

**CT Foodshare Mobile Food Pantry
At Kings Pantry**

30 Florence St.
Bridgeport, CT
Every 2 weeks on Thursdays
1:15-2:15pm (next date Nov. 6)

**CT Foodshare Mobile Food Pantry
at St. Vincent's Medical Center**

2800 Main St.
Bridgeport, CT
Every 2 weeks on Fridays
(next dates Oct. 31, Nov. 14)
1- 2pm
Front parking lot
(no dist. Nov. 28 and Dec. 26)

**CT Foodshare Mobile Food Pantry
at Clayton Magnet Academy**

240 Ocean Terrace
Bridgeport, CT
Every 2 weeks on Mondays
1:00 - 1:30pm (next date Nov. 17)

**CT Foodshare Mobile Food Pantry
Park City Initiative at Klein
Memorial**

910 Fairfield Ave.
Bridgeport, CT
Every 2 weeks on Tuesdays
9:00 - 9:45am (next date. Nov. 11)
Large parking lot, across the street
from the Klein Memorial building

Bridgeport Soup Kitchens

**Bridgeport Tabernacle Seventh
Day Adventist**

717 Clinton Ave.
Bridgeport, CT
Sundays (except 1st Sunday of the
month)
12-2pm

**Bridgeport Islamic Community
Center**

703 State St.
Bridgeport, CT
Sundays
1-3pm

Bridgeport Rescue Mission

725 Park Ave.
Bridgeport, CT
Monday, Wednesday, & Friday
(Breakfast) 9:30-10:30am
Tuesday & Thursday (Lunch)
2:30-3:30pm

Golden Hill United Methodist Church

210 Elm St.
Bridgeport, CT
Wednesdays
5-7pm

St. John's Family Center

1067 Park Ave.
Bridgeport, CT
2nd & 4th Saturday of the month
9am-12pm

Feel the Warmth Soup Kitchen/Nourish

651 State St.
Bridgeport, CT
Thursdays
5-7pm

Good Shepherd Manna Kitchen

725 Hancock Ave.
Bridgeport, CT
Fridays
4-6pm

Thomas Merton House

1406 State St.
Bridgeport, CT
Monday-Friday Breakfast & Lunch
9-10am & 11:30am-1pm