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JOIN PEERS AT OUR THIRD ANNUAL SYMPOSIUM

Brain-Body Balance: From Neuroscience to Practice

April 30, 2026
University of Bridgeport
Bridgeport, CT
5:45pm

When the nervous system is supported, patients engage, adhere, and heal more effectively. Regulation is the gateway to better outcomes.

Join us for a dynamic symposium combining neuroscience with practical clinical strategies, plus an expressive arts experience that demonstrates how regulation, relationship, and creativity strengthen engagement and recovery in real-world practice.

WHY ATTEND?

Deepen your clinical approach with insights from leading experts on how chronic stress and trauma affect the brain, body, and behavior, and how this shows up in everyday care.

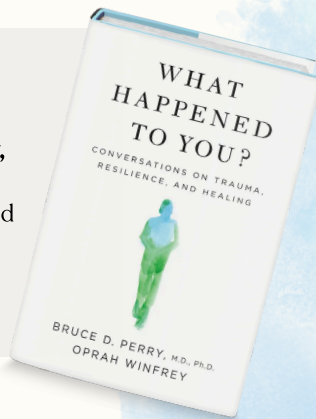
Gain practical tools to support nervous-system regulation before education or medication, improving engagement and follow-through.

Connect with fellow healthcare professionals to discover what's working locally and leave with practical strategies you can implement right away.

Earn continuing education credits: CMEs/CNEs/CEUs available for eligible participants.



Keynote
Bruce D. Perry,
M.D., Ph.D.
World-Renowned
Trauma Expert
and Author



Co-Keynote
Cathy Malchiodi, Ph.D., LPCC, LPAT, REAT
Leading Psychotherapist and Pioneer in
Expressive Arts Therapy



Local Expert Panel Discussion
Chris Appleton, Founder and CEO of SocialRx, joins local leaders to spotlight a cutting-edge care model where clinicians "prescribe" arts, nature, volunteering, and connection alongside traditional treatment.

This event is free and open to all. Advance registration is encouraged.

Scan to visit our website for more information and registration:

