

FOR IMMEDIATE RELEASE

LifeBridge Welcomes Four New Members to Its Board of Directors

Bridgeport, CT – LifeBridge Community Services today announced the appointment of four accomplished community and business leaders to its Board of Directors: **Baiju Coilparampil**, Chief Administrative Officer of Career Resources, Inc.; **Jenna Shankman, J.D.**, Associate Attorney at Cohen and Wolf, P.C.; **Andrew ("Andy") Turczak, MHS, MBA, PA-C**, Senior Vice President of Operations for the Fairfield Region at Hartford HealthCare; and **Dr. Kamari Collins, Ed.D.**, President of CT State Housatonic.

These appointments strengthen LifeBridge's governance and advance the organization's mission to build resilience, strengthen mental health, and improve well-being throughout the communities it serves.

Each new board member brings unique expertise and perspective to LifeBridge. Their collective experience spans healthcare, higher education, workforce development, law, organizational leadership, and community engagement, further strengthening the Board's ability to guide the organization through its next phase of growth and impact.

"We are honored to welcome Baiju, Jenna, Andy, and Kamari to the LifeBridge Board of Directors," said Howard Greene, Chair of the LifeBridge Board of Directors. "Each of these leaders has demonstrated a deep commitment to service and community impact throughout their careers. Their knowledge, insight, and dedication will help LifeBridge continue expanding access to behavioral health and community-based services that strengthen well-being and resiliency for the individuals and families we serve."

The nominations were advanced through LifeBridge's Board recruitment and governance process, led by the Nomination and Governance Committee, which focused on identifying leaders whose experience, expertise, and community connections align with the organization's strategic goals and evolving needs.

"The addition of these four exceptional leaders reflects our commitment to building a board with diverse expertise, perspectives, and lived experiences," said Adhlere Coffy, Chair of LifeBridge's Nomination and Governance Committee and Managing Director of Community Engagement at Dalio Education. "Each of these individuals brings significant leadership experience and a deep commitment to community engagement. We are excited about the contributions they will make as LifeBridge continues to grow its impact across the region."

LifeBridge Community Services serves thousands of children, adults, and families each year through a comprehensive array of behavioral health, youth development, trauma-informed care, prevention, recovery, and community-based support programs. The

organization works closely with schools, healthcare providers, municipalities, community organizations, and residents to create healthier, more connected communities.

The four new directors began their three-year terms on July 1, 2026, and will help guide LifeBridge's strategic direction and community impact over the coming years.

About LifeBridge Community Services

LifeBridge Community Services is a nonprofit organization dedicated to strengthening mental health, building resilience, and advancing well-being in Fairfield County, Connecticut. Through counseling, behavioral health treatment, youth and family services, trauma-informed care, recovery supports, and innovative community partnerships, LifeBridge helps individuals and families access the resources and support they need to enhance well-being and navigate life's opportunities and challenges.

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