Board Member Position Description

Position: Member, Board of Directors
Location: Fairfield County, Connecticut
Term: Three-year term, renewable
Time Commitment: Approximately 3-5 hours per month

About LifeBridge Community Services

LifeBridge Community Services is a nonprofit organization committed to partnering with individuals, youth, and families to improve well-being, strengthen resilience, and create a brighter future. Through behavioral health services, youth development programs, asset-building resources, meals for seniors, and statewide interpreting services, LifeBridge works to strengthen communities and expand access to essential supports across Connecticut.

As demand for behavioral health services continues to grow, LifeBridge is expanding trauma-informed programs, integrating care into schools and healthcare settings, and strengthening partnerships to ensure services remain accessible and sustainable.

Position Summary

Members of the Board of Directors serve as volunteer leaders and strategic partners in advancing LifeBridge's mission. Board members provide governance oversight, contribute professional expertise, and help strengthen the organization's long-term sustainability and community impact.

Board Responsibilities

Board members work collaboratively with the CEO and fellow directors to:

- Safeguard the mission, values, and long-term vision of the organization.
- Provide governance oversight and help guide organizational strategy.
- Review and approve annual budgets and monitor financial performance.
- Make an annual personal financial contribution according to their ability and consider LifeBridge one of their priority charitable commitments.
- Maintain confidentiality and adhere to conflict-of-interest and ethical governance policies.
- Respect the governance role of the Board and the operational leadership of the CEO and staff.
- Stay informed about LifeBridge's programs, services, and role in the community.
- Attend regular Board meetings (in person, six times per year) and serve on at least one committee (virtual; meeting frequency varies by committee).
- Attend at least two-thirds of all Board and committee meetings annually.
- Prepare for meetings by reviewing materials in advance and actively participate in discussions and strategic dialogue.
- Support fundraising, partnership development, and community engagement.

- Serve as ambassadors for LifeBridge within professional and community networks and help expand awareness of the organization's mission and services.
- Help facilitate introductions between LifeBridge leadership and individuals, organizations, potential donors, and partners within their professional and community networks.
- Attend key LifeBridge events and community activities when possible.
- Help identify potential new Board members who bring diverse perspectives, expertise, and community representation.

Desired Professional Backgrounds
LifeBridge seeks experienced professionals currently serving in leadership roles in areas such as:

- Behavioral health or healthcare systems
- Commercial business leadership or entrepreneurship
- Finance, accounting, or risk management
- Fund development, marketing, or communications
- Human resources or organizational development
- Law firm partners or legal professionals
- Education, workforce development, or public service

Prior board experience is welcome but not required.

Learn More
Individuals interested in learning more about board service are encouraged to contact:

Edith Boyle, LCSW
President & CEO
LifeBridge Community Services
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Learn more at lifebridgect.org.